BARNSLEY KARATE CENTRE SHAW LANE SPORT CLUB - S70 6HZ



New starters taken in the months of January / April / June / October

Limited spaces, FREE first trial class, Kids from 5 years upwards. Mondays, Tuesdays, & Wednesdays 5pm / Adults Mon, Wed 7pm Please contact the Coach John Tumman & book your session

£5 per class OR £10 weekly pass
Shaw Lane Sport Club – S70 6HZ

MONDAY		5.00 – 5.55 pm	Kids new starters 5 plus & low grades	
	Class 2	6.00 – 6.55 pm	Kids Middle grades	
	Class 3	7.00- 8.00 pm	Adults & Black belts	
TUESDAY		5.00 – 5.55 pm	Kids new starters 5 plus & low grades	
	Class 2	6.00 – 6.55 pm	Kids Middle grades	
	Class 3	7.00 – 7.45 pm	Fitness class	
WEDNESDAY		5.00 – 5.55 pm	Kids new starters 5 plus & low grades	
	Class 2	6.00 – 6.55 pm	Kids Middle grades	
	Class 3	7.00- 8.00 pm	Adults & Black belts	



Please contact the Coach John Tumman 7th Dan Wado Ryu Tel - 07814 078 787/Email - shindokai@tiscali.co.uk Face book page = Barnsley karate centre shindo kai